



Helping People: Guiding One Another into the Gospel

Jonathan K. Dodson & Preston McGee | Spring 2017

Class Purpose

Helping People: Guiding Others into the Gospel is a six-week course designed to equip you to better help others thrive in Christ when facing various challenges. This course is deliberately theological and practical, showing the richness of Scripture applied in the depth of real relationships. The goal of this course is to equip you provide good counsel in your everyday relationships—City Groups, Fight Clubs, friends, and family.

The class format will be a combination of instruction and dialog. Each class will have assignments to be completed in advance that will increase your understanding of the material. Bring your questions to class, ready to learn in community. This is required for Elder candidates and City Group leaders.

Required Reading:

- Required Reading: [*Side by Side: Walking with Others in Wisdom and Love*, Ed Welch](#)
- Advanced Reading: [*Instruments in the Redeemer's Hands*, Paul Tripp](#)

Course Overview:

January 30: *How to Help Others* (Pt 1)

- Read Part I, 17-59

February 6: *How to Help Others* (Pt 2)

- Read Part II, 60-160

February 13: *Dealing with Depression*

- Read article

February 20: *Addressing Anger*

- Assignment #1

February 27: *Facing Fears*

- Assignment #2

March 6: *Getting through Guilt*

- Assignment #3

This course, as with all our courses, will be integrative. We will combine lecture, community interaction, and personal assignments in order to promote holistic learning. The goal of City Seminary courses is not merely to transfer information, but to transform disciples. In short, the goal of this course is to help one another *think theologically and live redemptively*.